

## MINI 'HERS AND SIR'S' MENU

Cumberland or Pork Sausages

Netherwood Mini Crispy Battered Fish

Tasty Chicken Goujons

(all the above served with chips, or mash,  
vegetables, beans or salad)

**Beef Burger or Vegetarian Burger**  
in a fresh Bun served with chips and salad  
(cheese and onion optional)

Spaghetti served with a Bolognaise sauce or  
a Three Cheese sauce

Jacket Potato with choice of filling  
served with salad  
(tuna, beans, cheese, egg mayonnaise or  
cheese savoury)

**All £6.95**

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## PUDDINGS

ENGLISH LAKES ICE-CREAM (3 scoops) £4.50  
Vanilla, strawberry and chocolate

CHEESE AND BISCUITS £6.50  
English & regional cheeses served with  
celery, fruit chutney and apple

OR TODAY'S SPECIAL PUDDINGS

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Selected Wines available by the Glass



## **Netherwood Hotel**

Lindale Road, Grange-over-Sands, Cumbria, LA11 6ET

Hotel: 015395 32552

Spa: 015395 33999

[www.netherwood-hotel.co.uk](http://www.netherwood-hotel.co.uk)

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# Lounge Menu

**Served Between  
12.00 - 2.00pm**

**Served Evenings in the Library  
Between 7.00 - 9.00pm  
Sunday to Friday**

**Netherwood Hotel**  
Grange-over-Sands

**This menu may be taken in the Restaurant at a  
surcharge of £2.00 per person  
LIGHT BITES**

**HOME-MADE SOUP OF THE DAY** £4.50  
Served with Home-baked Bread

**CHICKEN LIVER PÂTÉ** £5.95  
Served with an apple and sultana chutney accompanied  
by a choice of melba or granary toast and tossed salad

**GRILLED CUMBRIAN GOATS CHEESE** £5.95  
Accompanied by a roasted red pepper and basil salad

**MELON AND LOCAL CURED HAM** £6.25  
A slice of fresh Galia melon served alongside locally  
sourced cured ham

**PRAWN COCKTAIL** £6.25  
Served with wholemeal bread and butter

**SANDWICH MENU**

*All served on traditional white, wholemeal or granary bread with  
a seasonal side salad (no salad with soup and sandwich combo).*

**CLOSED SANDWICHES** £5.25  
Roast Sirloin of Beef with Horseradish -  
Home-baked Ham ~ Roast Chicken -  
Egg Mayonnaise - Garden Salad ~ Tuna -  
Cheese Savoury -  
Poached or Smoked Salmon or Prawns £5.95

**SOUP AND SANDWICH COMBO** £6.25  
Soup and a Sandwich with a choice of ham, chicken, beef, tuna,  
egg mayonnaise, cheese and tomato or cheese savoury filling

**TOASTED SANDWICHES** £6.25  
Cheese, Onion, Tomato, Ham, Chicken, *(choice of 2 fillings,*  
Pineapple, Crispy Bacon or Mushroom *50p for extra filling)*

**WARM PANNINIS** £6.50  
Brie and Cranberry - Mozzarella and Red Pepper -  
Beef and Red Onion Marmalade

**NETHERWOOD CLUB SANDWICH** £7.25  
Toasted triple decker sandwich filled with chicken,  
bacon, tomato, lettuce and mayonnaise

**CROQUE MONSIEUR** £6.50  
A sandwich of roast ham and Gouda cheese,  
coated in breadcrumbs and pan-fried.

**SALADS**

**CAESAR SALAD** £7.95  
Grilled chicken, anchovies and parmesan shavings with chefs  
homemade Caesar dressing

**TRADITIONAL GREEK SALAD** £7.95  
Feta, olives and onions drizzled with a light olive oil

**NIÇOISE SALAD** £7.95  
A French salad comprising of green beans, tuna,  
crisp lettuce, egg, olives and capers and anchovies

**MAIN MEALS**

**NETHERWOOD FISH AND CHIPS** £10.95  
Cod fillet coated in a golden crispy batter with  
homemade chunky chips, mushy peas and tartar sauce

**BREAST OF GOOSNARGH CHICKEN** £9.50  
Coated in fresh breadcrumbs and baked,  
with a sweet sun-blushed tomato salsa,  
served with seasonal vegetables or salad

**PORK PORTER HOUSE** £10.25  
Regional Lakeland pork chop, served with an  
apple compôte, herb seasoning, roast jus and vegetables

**CUMBERLAND SAUSAGE AND MASH** £9.65  
Local Cumberland sausage served with  
creamy mash potato

**PRIME SIRLOIN STEAK** £14.95  
Local Staveley 6oz steak, cooked to your liking,  
served with mushrooms, onions, grilled tomato  
and chunky chips

**LAKELAND FELL LAMB SHANK** £12.95  
Slowly braised Lamb Shank, with root vegetables  
accompanied by creamy mash potato

**TORTELLINI PASTA** £8.95  
Served with either a bolognese or rich three cheese sauce,  
topped with parmesan and black pepper

**CUMBRIAN GAMMON STEAK** £9.85  
Complemented with fresh pineapple or fried egg,  
served with chunky chips

**NETHERWOOD OMELETTES** £8.25  
Choice of one filling: *(50p for extra filling)*  
mushroom - ham - prawn - cheese -  
asparagus - smoked salmon - tomato -  
*Served with French Fries and Side Salad*

**PLATTERS**

**NETHERWOOD PLOUGHMAN'S** Starter £6.75 /  
Carved sugar baked ham, homemade Main £10.25  
pâté and mature Cumbrian Cheddar cheese,  
served with Pickles, fresh baked bread roll and salad

**HOUSE TRAWLERMAN'S PLATTER** Starter £6.95 /  
A medley of poached salmon, smoked Main £11.25  
mackerel and Morecambe Bay potted shrimps,  
served with warm granary toast and side salad

**SIDES**

**VEGETABLES OF THE DAY** £2.50  
**SKINNY FRIES or CHUNKY CHIPS** £2.00  
**CRISPY ONION RINGS** £2.00  
**MIXED GREEN SIDE SALAD** £2.85

