



Wedding Packages

THE NETHERWOOD SPA



Wedding Spa Packages

We are delighted to be able to offer our Brides, Grooms and the Bridal Party some bespoke Spa packages which can be added to make your Hen Weekend or Wedding even more unique and unforgettable.

Our experienced therapists are on hand to make sure that you are able to truly relax and unwind before or after your big day and to provide a sanctuary amidst the celebrations.

We hope that you find something to suit your needs in this brochure. However, we can also tailor packages specifically for your group. For more information, please call 01539 532 552 and select the option for The Spa.

We look forward to welcoming you and making your experience with us a truly memorable one.





The *'Hen Zen'* Package

Why not choose to start your wedding celebrations in style with a stay at the Netherwood Hotel and Spa for your Hen Weekend?

Our Hen Zen Package is designed to bring you and your besties together for a pleasurable weekend of pampering. (Minimum of 8 people).

THE PACKAGE INCLUDES:

- A one-night stay in the hotel on a Dinner, Bed and Breakfast basis which includes a £35 dinner allowance per Hen
- A 25 minute treatment per Hen (choose from facial, back massage, manicure or pedicure)
- Exclusive use of the spa facilities for 3 hours
- Free Spa product per Hen
- A complimentary glass of Prosecco



The *Nailed It'* Bridal Party Package

For a shared experience before you say 'I do', get together with your Bridesmaids, Flower Girls and Mum (and Mum-to-be!) and get glammed up.

Our 'Nailed It! Package is all about making the special girls in your lives feel 'polished' for the big day!

THE PACKAGE INCLUDES:

- A mini manicure, gel nails and toenails for the Bride
- A mini manicure and choice of gel nails for the women
- A file and polish for the flower girls
- A complimentary glass of Prosecco or Sparkling Elderflower





The *Top to Toe Bridal Beauty* Package

For our Brides only, head to The Spa for some time to yourself. Give yourself a treat which will leave you feeling and looking your best before your big day.

The 'Gorgeously Groomed' Package

For our Grooms only, you deserve to feel special too! Why not head to The Spa for some much needed escape from the busy-ness of all things wedding.

THE PACKAGE INCLUDES:

- Gel toes and nails in your chosen colour
- A facial to leave your skin glowing
- Use of the Spa for 90 minutes
- Free Spa product
- A complimentary glass of Prosecco
- Package can be booked individually or together as a couple

THE PACKAGE INCLUDES:

- A back massage to leave you feeling refreshed and ready for the big day
- Use of the Spa for 90 minutes
- Free Spa product
- A complimentary glass of Prosecco
- Package can be booked individually or together as a couple



The *'Relaxation Celebration'* Package

Why not choose to end your wedding celebrations in our spa. This is an opportunity for you to relax and unwind together before you head home, with your minds full of happy memories of your special day.

THE PACKAGE INCLUDES:

- A couple's massage in our dual treatment room
- Use of the Spa for 90 minutes together
- Free Spa product to take home with you
- A Champagne Lunch in our Restaurant or Bar



Come back and visit us for your Anniversary and relive all of the special moments you shared together.

THE PACKAGE INCLUDES:

- A one night stay in one of our Superior Rooms on a Dinner, Bed and Breakfast basis
- A couple's treatment in our dual treatment room
- Use of the Spa for 90 minutes together
- A complimentary bottle of Prosecco in your room and a Spa product to take home with you



Your Spa Journey

Your journey begins in our Salt Inhalation Room, a warm and gentle heat. *5 – 15 minutes max.*

Bring your body temperature back down using the Ice Fountain. Simply rub the ice all over your body. The combination of hot and cold will boost circulation.

Sit back and relax in the Dry Heat Sauna which will alleviate stress, soothe muscle aches and pains. 5–15 minutes max.

Enjoy a refreshing Cool Mist in the Thermal Shower. Allowing your body temperature to lower using water therapy, leaving you feeling rejuvenated.

The next truly warming and therapeutic experience, awaken your senses in the Aroma Steam Room. Complete with the aroma of Ylang Ylang and Lime Blossom. Fantastic for anyone suffering with allergies and headaches. For your invigorating finish, step back into the Thermal Shower and experience the Southern Storm. A mixture of powerful massaging jets and cooling mist combined, the ultimate uplifting experience.

From there you can soothe your aching muscles within the Plunge Tub Room. Including a hot tub, warm tub and cold plunge tub. Bubbles will ease away aches and pains, leaving you feel relaxed and stress-free. Take a magazine from the snug and allow yourself to drift off on one of our loungers or swing chairs. If you just want to book in for our Spa facilities individually or as a group, please contact The Spa for availability. We would love to help you celebrate with a session in our Sauna or Steam Room and time in one of our hot tubs.

For all of our Wedding and Hen Packages, please ask for prices by calling The Spa. We ask that you book at least six months in advance. This is especially important if you want to come as part of a group.

We look forward to welcoming you to The Spa.



LINDALE ROAD, GRANGE OVER SANDS, CUMBRIA LA11 6ET 015395 32552 WEDDINGS@NETHERWOOD-HOTEL.CO.UK

NETHERWOOD-HOTEL.CO.UK